

How To Use This Chart

Use this as a reference tool, not a decision chart.

Understand Hand Distribution

Pocket pairs: **6%**

Suited hands: **24%**

Unsuited hands: **70%**

Most of what you are dealt is **not strong**

Put Your Starting Hands in Context

When you look down at a hand, ask:

How often does this actually occur?

AA → extremely rare

AK → rare

K9, Q7, J4 → extremely common

This changes how you value what you're holding.

Recognize Why Most Players Overplay Hands

Because:

Marginal hands are dealt far more frequently

Players become conditioned to “play something”

The math shows why this is a mistake

Connect This to Decision-Making

This chart helps explain:

Why tight ranges are mathematically correct

Why loose play leads to long-term loss

Why patience is not a style—it's a requirement